

ISLAND DAY SPA

TREATMENT MENU



Kingfisher
BAY
RESORT



Massage Therapy

ESSENTIAL FULL BODY RELAXATION MASSAGE

50 MIN | \$170

For the rushed explorer

Pause, breathe and reconnect with this gentle, flowing full-body massage, designed to calm the mind, soothe the body, and restore a sense of balance. Using our signature massage oil, your therapist will tailor each movement with slow, nurturing techniques carefully selected from specialised massage modalities to encourage deep relaxation and wellbeing. Finish with hydrating spritz to freshen your face and décolletage.

HOT STONE FUSION MASSAGE

50 MIN | \$180

Melt away deep muscle tension

Allow yourself to fully unwind with this deeply restorative full-body massage, where heated basalt stones melt away tension and bring comforting warmth to tired muscles. As the smooth stones are gently worked over the body, you'll feel stress dissolve, leaving you feeling grounded, relaxed, and renewed.

Your experience is enhanced with our warm signature massage oil, nourishing the body in comfort from head to toe. To complete your journey, a refreshing hydrating spritz is lightly misted over your face and décolletage, awakening the senses and leaving your skin feeling cool, refreshed, and radiant.

IMMERSIVE FULL BODY RELAXATION MASSAGE

80 MIN | \$220

For tight aching muscles after a day of exploring

An extended flowing full-body massage, allows for deeper relaxation and focused attention on specific areas of tension designed to calm the mind, soothe the body, and restore a sense of balance. Using our signature massage oil, your therapist will tailor each movement with slow, nurturing techniques carefully selected from specialised massage modalities to encourage deep relaxation and wellbeing. Finish with hydrating spritz to freshen your face and décolletage.

Optional extras

AYURVEDIC HEAD AND SCALP MASSAGE

10 MIN | \$30

A key component of the Island Day Spa experience

Replenish your sun and salt stressed hair with a luxurious scalp massage enriched with coconut, jojoba and aloe vera, indulging in herbal extracts of chamomile, grapefruit and lavender. This indulgent ritual supports scalp circulation, relieving tension and promoting a profound sense of relaxation. We complete this sensory experience with carefully selected ayurvedic oils of pure saffron, and Blu Lotus Ritual oil.

OrganicSpa Facials

SOOTHING AND REPLENISHING

50 MIN | \$180

For sensitive skin

Treat yourself to a gentle, nurturing facial featuring the finest products from the Organic Spa collection. Thoughtfully designed for sensitive, stressed, or depleted skin, this soothing experience helps to calm irritation, restore balance, and support your skin's natural protective barrier. As nourishing botanical ingredients are carefully applied, you'll feel tension melt away while your skin is replenished with lasting hydration and comfort. Each step is tailored to leave your complexion feeling soft, balanced, and beautifully refreshed.

PURIFYING AND DETOXIFYING

50 MIN | \$190

A visibly brighter, smoother and more refined complexion

A revitalising facial ritual designed to reveal a visibly brighter, smoother and more refined complexion. As the Organicsceuticals Vita-A+EC Complex is expertly layered onto your skin, its advanced blend helps support collagen production, encourage cellular turnover and promote renewal and elasticity. Relax as each carefully considered step replenishes and refines your complexion, leaving your skin feeling beautifully smooth, supple and luminous.

HYDRATING, AGE-DEFYING

60 MIN | \$220

Deeply nourishing and plumping for dry and dehydrated skin

An indulgent infusion of hydration, specially designed to comfort and replenish dry, dehydrated skin. As the *Organicsceuticals* sheet mask envelops your skin, hyaluronic acid delivers intense moisture while carefully selected botanical extracts help support elasticity and restore softness. You are invited to relax as this deeply nourishing and plumping ritual leaves your complexion feeling smooth, supple and refreshed, with a beautifully youthful-looking finish.

Optional extras

EYE TREAT

NO EXTRA TIME | \$10

Treat the delicate eye area with this nourishing and illuminating Organicsceuticals treatment. Expertly formulated to support collagen synthesis, it delivers intense hydration while visibly softening the appearance of fine lines and wrinkles, leaving the eye contour refreshed, radiant and beautifully revitalised..

AYURVEDIC HEAD AND SCALP MASSAGE

10 MIN | \$30

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Lux Body Treatments

SALT GLOW

80 MIN | \$260

For beautiful healthy glowing skin

A mineral-rich full-body exfoliation that smooths and revitalises the skin while supporting circulation and detoxification.

Finely milled grapeseed and Korean ginseng powders enhance the polishing effects of Australian and Himalayan salts, leaving the skin soft with a natural glow.

Drift away as a zesty, rich moisturizing body mask is beautifully massaged into your skin providing a calming refreshing moment of self-care. Cocoa seed butter, aloe vera and macadamia oil nourish and condition the skin aiding its ability to lock in moisture.

FOOT DELIGHT THERAPY

50 MIN | \$170

A little extra care for Island adventurers

Settle into a soothing magnesium salt foot bath infused with the healing Australian botanicals of rosella, eucalyptus and tea tree. As you relax, the comforting warmth and restorative minerals help ease tired feet, inviting you to slow down and enjoy a well-deserved moment for yourself.

Next, your feet and lower limbs are gently treated to a mineral-rich salt scrub, carefully exfoliating and smoothing the skin while encouraging healthy circulation. Feel the refreshing blend awaken and revitalise your feet, leaving them soft, renewed and beautifully refreshed.

Drift into deeper relaxation as a zesty, nourishing moisture mask is lovingly massaged into your skin, this soothing ritual envelops your feet in comfort, allowing you to fully unwind and savour a calming moment of self-care.

Optional extras

AYURVEDIC HEAD AND SCALP MASSAGE

10 MIN | \$30

A key component of the Island Day Spa experience

Replenish your sun and salt stressed hair with a luxurious scalp massage enriched with coconut, jojoba and aloe vera, indulging in herbal extracts of chamomile, grapefruit and lavender. This indulgent ritual supports scalp circulation, relieving tension and promoting a profound sense of relaxation. We complete this sensory experience with carefully selected ayurvedic oils of pure saffron, and Blu Lotus Ritual oil.





Island Day Spa Packages

ESSENTIAL KINGFISHER RITUAL

50 MIN | \$180

Absolute essentials for the rushed explorer

- Calming back massage
- Soothing and Replenishing OrganicSpa Facial.

THE KINGFISHER RITUAL

80 MIN | \$240

Ideal after a day exploring K'gari

- Calming Full Body Relaxation Massage
- Soothing and replenishing OrganicSpa facial.

IMMERSIVE KINGFISHER RITUAL

2 HOURS | \$360

Ideal after a day exploring K'gari

- Calming Full Body Relaxation Massage
- Soothing and Replenishing OrganicSpa facial

IMMERSIVE K'GARI RITUAL

2.5 HOURS | \$450

An extended Kingfisher Ritual including Foot Delight Therapy for Island adventurers

- Foot Delight Therapy
- full body relaxation massage
- Soothing and replenishing OrganicSpa facial
- Ayurvedic Head and Scalp Massage.

ESSENTIAL PARADISE EXPERIENCE

3 HOURS | \$560

Our most Indulgent, beautiful treatments in one luxurious package

- Salt Glow
- Calming Full Body Relaxation Massage
- Soothing and Replenishing OrganicSpa facial
- Jacobs Creek Chardonnay Pinot 200mL.

IMMERSIVE HALF DAY PARADISE EXPERIENCE

4.5 HOURS | \$750 • COUPLES | \$1400

Requires 24hrs notice

For those wanting to dedicate their day to experiencing our most luxurious treatments making the most of their stay in paradise. With all the added extras

- Foot delight
- Salt Glow
- Calming Full Body Relaxation Massage
- Soothing and Replenishing OrganicSpa Facial
- Eye Treat
- Ayurvedic Head and Scalp Massage
- Jacobs Creek Chardonnay Pinot 200mL for singles or Bottle of Folklor Brut 750mL for couples
- cheese and fruit Platters.



Nourish and Nurture for Expectant Mothers

2ND AND 3RD TRIMESTER ONLY

MUM-TO-BE ESSENTIAL FULL BODY RELAXATION MASSAGE

50 MIN | \$170

A nourishing, gentle flowing full-body pregnancy massage designed to bring comfort, relaxation, and a sense of calm. Using slow, soothing pregnancy massage techniques and our signature massage oil, your therapist will help ease areas of tension while supporting the body through the changes of pregnancy.

As you relax into each nurturing touch, you'll be invited to fully unwind and enjoy a moment dedicated entirely to your wellbeing. To complete your experience, a refreshing hydrating spritz is lightly misted over your face and décolletage, leaving your skin feeling fresh, revitalised, and beautifully cared for.

MUM-TO-BE KINGFISHER RITUAL

80 MIN | \$220

Ideal after a day exploring K'gari

- Calming Full Body Pregnancy Massage
- Soothing and Replenishing OrganicSpa Facial



Group Bookings

Our Island Day Spa Packages make group bookings simple and easy to coordinate.

Perfect for corporate groups, wedding parties, baby showers, getaways with friends and romantic escapes, our team can assist with planning every detail of your occasion.

Bookings can be personalised with a minimum of 24 hours' notice.

Food and Drinks

PRODUCT	PRICE
1 x YELLOWTAIL - BUBBLES Rosé (PINK) - 200ml.....	\$18.00
1 x YELLOWTAIL - BUBBLES (YELLOW) - 200ml	\$18.00
1 x JACOBS CREEK - MOSCATO - 200ml.....	\$18.00
1 x JACOBS CREEK CHARDONNAY PINOT - 200ml.....	\$18.00
1 x ROBERT OATLEY SIGNATURE GSM 750ML.....	\$68.00
1 x MIRABEAU LA COMTESSE Rosé AOC 750ml.....	\$68.00
1 x HENTLEY FARM REISLING 750ml.....	\$68.00
1 x FOLKLORE BRUT 750ml	\$68.00
1 x Fruit Platter (DAY SPA Delivery)	\$25.00
1 x Chocolate Coated Strawberries - 6 pieces (DAY SPA Delivery).....	\$25.00
1 x Cheese Platter (DAY SPA Delivery)	\$34.00

Every guest receives a complimentary herbal tea.



ISLAND DAY SPA

TREATMENT MENU



BOOKINGS

FOR ISLAND DAY SPA BOOKINGS OR ENQUIRES

Online [bookings.gettimely.com/
kingfisherbayresort/bb/book](https://bookings.gettimely.com/kingfisherbayresort/bb/book)

Dial 9 from your Kingfisher Bay Resort room

Email: dayspa@kingfisherbay.com

Bookings are essential.

TERMS & CONDITIONS

- Please arrive 10 minutes prior to your appointment, showered and ready for treatment.
- Late arrivals may result in reduced treatment time.
- Cancellations or changes within 24 hours incur a 50% treatment fee.
- Guests under 18 must be accompanied by a parent or guardian.
- Intoxicated guests may be refused service.
- Public Holidays incur a 15% surcharge.


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