

ISLAND DAY SPA

TREATMENT MENU



Kingfisher
BAY
RESORT





Signature rituals

KINGFISHER RITUAL 80 MINUTES | \$200

Drift into a state of pure island calm with our signature Kingfisher Ritual - a deeply nurturing experience designed to restore, relax and rebalance from head to toe.

Your journey begins with a slow, indulgent massage, melting tension through your feet, calves and upper legs, grounding you in the present moment. Warm stones are then gently glided across your back, easing away stress and inviting a deep sense of release.

A beautifully curated spa facial follows, leaving your skin radiant and refreshed, before your ritual concludes with a blissful scalp massage - a final, soothing touch that lingers long after your treatment ends.

SPA GETAWAY 50 MINUTES | \$150

Begin your journey into island tranquillity with the perfect introduction to our Day Spa.

Unwind with a gentle, tension-relieving back massage, with slow, flowing movements. Your experience continues with a rejuvenating mini spa facial, carefully designed to revive and hydrate your skin, leaving you glowing and renewed.



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Foot rituals

THE ISLAND PEDICURE

60 MINUTES | \$160

Treat your feet to a deeply revitalising island ritual designed to restore, soften and soothe from the ground up.

Begin with a calming Rose Salt foot bath, gently easing you into relaxation as the stresses of the day drift away. A luxurious Himalayan Salt and Sugar Crystal exfoliation follows, smoothing and renewing tired skin, before a slow, nurturing massage of the feet and lower legs melts away tension.

Rich botanical notes of macadamia, cocoa butter, lavender and grapefruit infuse a decadent body cream, absorbing effortlessly to hydrate, soften and leave your skin feeling beautifully refreshed.

Your experience is completed with a full foot care ritual – including rasping, treatment, nail trim and file, and meticulous cuticle care – before finishing with a flawless application of your chosen Gloss & Co nail colour.

**Subject to therapist availability*

FOOT DELIGHT THERAPY

50 MINUTES | \$150

Relax and restore with this indulgent foot therapy – a soothing ritual designed to calm the body and revive tired feet.

Sink into a warm Rose Salt foot bath before a gentle Himalayan Salt and Sugar Crystal exfoliation smooths and refreshes the skin. A comforting warm towel compress and flowing foot and lower leg massage follow, easing tension while helping to stimulate circulation and restore a sense of balance.



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Massage rituals

FULL BODY RELAXATION MASSAGE

50 MINUTES | \$160

A calming full-body massage using light to medium pressure. Gentle techniques and flowing movements help ease muscle tension, improve circulation and promote deep relaxation.

80 MINUTES | \$210

Extended time allows for deeper relaxation and focused attention on specific areas of tension.

PARADISE ESCAPE

50 MINUTES | \$160

A soothing head-to-toe experience designed to restore tired bodies after a day of island adventures.

Your treatment begins with a massage of the feet, calves and upper legs, followed by a warming hot stone back massage. A blissful scalp massage completes the experience, leaving you completely relaxed.

FULL BODY HOT STONE MASSAGE

50 MINUTES | \$160

Melt into relaxation with warm basalt stones combined with slow massage strokes and heated oils. This deeply soothing treatment releases muscle tension and encourages a profound state of relaxation.

Perfect all year round, especially during the cooler months.

80 MINUTES | \$210

Extended time allows for deeper relaxation and focused attention on specific areas of tension.

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Face rituals

Choose from one of the facials below or allow our experienced therapists to curate the perfect treatment for your skin.

SPA FACIAL – HYDRATING

60 MINUTES | \$160

A deeply nourishing facial designed for dry or dehydrated skin.

This luxurious treatment replenishes moisture, reduces redness and restores luminosity using rich botanical ingredients including Shea Butter and Cocoa Seed Butter to leave the skin soft, smooth and radiant.

SPA FACIAL – DEEP CLEANSING

60 MINUTES | \$160

A purifying facial designed to detoxify and rebalance the skin.

This treatment helps draw out impurities and excess oils while promoting skin renewal. Botanical ingredients calm irritation, clear pores and protect the skin from environmental damage.

ADD-ON (FACIALS ONLY) **BIO-ACTIVE AGE DEFENCE FACE MASK | \$40**

A deeply hydrating fibre mask infused with Hyaluronic Acid and botanical extracts to replenish and plump the skin. This moisture-locking treatment helps illuminate the complexion and deliver visible results.

Not recommended for sunburnt skin.

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Body rituals



SALT GLOW

60 MINUTES | \$170

Indulge in a revitalising full-body exfoliation with Himalayan salt and sugar crystals, gently polishing and remineralising dry, tired skin.

Soothing notes of lavender, frankincense, and sweet orange envelop your senses, melting away tension as your body relaxes. Your experience concludes with a lavish application of our Spa's luxurious body cream, leaving your skin deeply nourished, radiant, and silky smooth.

Recommendation Add-On to Salt Glow:

**FULL BODY RELAXATION MASSAGE
50 MINUTES | \$160**

SALT GLOW & LUXE BODY COCOON

80 MINUTES | \$220

Awaken your senses with a full-body exfoliation of mineral-rich salt and sugar crystals, blended with nourishing botanical oils. This revitalising scrub sweeps away dull surface skin, revealing a radiant, silky-smooth glow.

A sumptuous body masque, rich in vitamins and botanical extracts, is then cocooned onto your skin to hydrate, detoxify, and restore. While the masque works its magic, surrender to a blissful head and scalp massage, leaving you completely relaxed and rejuvenated.

THE PARADISE RITUAL

3.5 HOURS | \$520

Immerse yourself in the pinnacle of spa indulgence, designed to relax the body, nourish the skin, and restore a profound sense of balance. Your journey begins with gentle dry body brushing, stimulating circulation and preparing the skin for treatment. This is followed by a revitalising full-body exfoliation of mineral-rich salt and sugar crystals, blended with nourishing botanical oils, revealing a radiant, silky-smooth glow.

A sumptuous body masque, rich in vitamins and botanical extracts, is then applied to deeply hydrate, detoxify, and restore the skin. As it absorbs, surrender to a flowing, rhythmic full-body massage that eases muscle tension, improves circulation, and calms the nervous system, leaving both body and mind completely at ease.

The experience continues with a customised Spa facial, where premium botanical products cleanse, exfoliate, and nourish. A gentle facial massage and carefully selected mask hydrate, brighten, and revitalise, while a soothing head and scalp massage melts away tension and encourages deep relaxation.

Concluding this luxurious journey, your skin feels soft, radiant, and renewed, and your body and mind are completely refreshed—leaving you glowing from head to toe.

**COMPLIMENTARY BIO-ACTIVE AGE DEFENCE FACE MASK
VALUED AT | \$40**

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BOOKINGS

FOR ISLAND DAY SPA BOOKINGS OR ENQUIRES

Online [bookings.gettimely.com/
kingfisherbayresort/bb/book](https://bookings.gettimely.com/kingfisherbayresort/bb/book)

Dial 9 from your Kingfisher Bay Resort room

Email: dayspa@kingfisherbay.com

Bookings are essential.

TERMS & CONDITIONS

- Please arrive 10 minutes prior to your appointment, showered and ready for treatment.
- Late arrivals may result in reduced treatment time.
- Cancellations or changes within 24 hours incur a 50% treatment fee.
- Guests under 18 must be accompanied by a parent or guardian.
- Intoxicated guests may be refused service.
- Public Holidays incur a 15% surcharge.

SPECIAL OCCASIONS & GROUP BOOKINGS

The Island Day Spa can accommodate special occasions and group bookings. Optional platters and beverages may be arranged, including.

- Wine or Champagne
- Cheese platters
- Fresh fruit platters
- Prawn platters

